

LOVE & MONEY / YOUR FINANCIAL JOURNAL

SMART GOALS

Make your goal SMART to clarify your idea, direct your efforts, and use all of your time and resources to achieve what you want to accomplish.

S

SPECIFIC

I want to have a rainy day fund in a savings account.

M

MEASURABLE

My target is \$200.

A

ACHIEVABLE

I'll set up a budget and prioritize saving \$10 each week for 20 weeks.

R

RELEVANT

I often worry about money when I have a financial setback.

T

TIMEBOUND

I will save \$200 by (date).

YOUR FINANCIAL JOURNAL: SMART GOALS

Shared SMART goal

GOAL ONE

COMPLETE BY

PROJECTED AMOUNT

A **SMART GOAL** IS SPECIFIC, MEASURABLE, ACTIONABLE, RELEVANT, AND TIMEBOUND.

S

M

A

R

T

GOAL TWO

COMPLETE BY

PROJECTED AMOUNT

A **SMART GOAL** IS SPECIFIC, MEASURABLE, ACTIONABLE, RELEVANT, AND TIMEBOUND.

S

M

A

R

T